Fee For Service and Value Based Care Physician Recruitment

Marjorie Alexander Managing Director Physician Recruitment ChenMed Marjorie.Alexander@ChenMed.com



Why is this subject important?

- Covid pandemic disrupted financial security of 97% of health systems
- The 2 main healthcare models in the US: FFS and VBC
- The healthcare revolution is here:
 - Current shift from fee-for-service models to value-based care system
 - In 2020: 97% of all physicians relied on FFS
 - Jan. 2021: 67,800 PCPs have seen patients in a VBC type model
- VBC is a critical part of any health care org long term strategy
- Recruiters need to be able to speak to the different models



IMPORTANA



- Traditional US healthcare model
- Physician comp emphasizes volume (not value)
- Assigns reimbursements based on what services a healthcare org provides (# of tests, procedures, visits ordered often in the more expensive hospital setting)
- Volume based care that encourages high-cost services and products.
- Physician patient panel: 3,000+ patients
- Little focus on preventive care



What is Value Based Care



- Reimbursement is contingent upon the quality of the care provided and the outcomes achieved
- Physician patient panel: <450
- Quality of Care/Patient outcomes/improved health
- Patient Satisfaction
- Patient affordability/access to healthcare
- Reduce hospitalizations
- Providers take group-based approach to patient care (care coordination)



Traditional FFS Recruitment:

Patient outcome: physician payment remains same regardless of pt health outcome

Recruit a Physician Physician sees patients as needed(when sick) (1 – 2 times a year)

Physician bills insurance companies Physician gets paid (the more illnesses, the more pay) The more patients the physician sees, the more he/she gets paid







Value-Based Care Recruitment:

Result: more patients have access to VIP healthcare due to lower healthcare cost

Recruit a Physician Physician sees HEALTHY patients as often as monthly (preventive)

Insurance company pays agreed upon \$\$ per month per patient Physician receives guaranteed monthly salary + incentives for good outcomes

Physician sees capitated number of patients p/m

Result: improved patient outcomes, improve physician/patient relationship and restore trust Q: Do other countries have VBC? A: Norway and UK Governments play important role in adoption of VB payment models



Cost of Healthcare in the US

Q: What is the cost of healthcare p.p. in U.S.?

A: In 2020: \$11,945 (**double** compared to any other high-income nation).

***US** = highest spending country in the world when it comes to health care.

In 2020, total health expenditure in the U.S. exceeded four trillion dollars

Q: Why is US healthcare so expensive compared to other countries?

A: Hospitals and providers charge more in U.S. than other countries.

Q: Are physicians aware of the costs of treatments they select?

A: Only one in two (51%) physicians are aware and only 48% are comfortable discussing costs with patients.



Types of Value-Based Care

Q: what are the elements of Value-based healthcare?

A: 6 components:

- Clear, shared vision
- Patient centered
- PCP leadership
- Robust IT infrastructure
- Broad access to care
- Reward quality improvement

There are 4 main forms of supporting value-based care:

- Shared Risk
- Shared Savings
- Bundled Payment
- Global Capitation

As the body of observable evidence increases, VBC models will continue to progress.

Q: Who benefits the most form value-based care system: Patients, as they will experience better health outcomes

A: Who benefits the most form value-based care system: Patients, as they will experience better health outcomes



Source: MHAonline.com

Larger patient panel size (quantity)	Smaller patient panel size (quality)
Physicians paid on RVUs (# of patients seen)	Physician compensation incentivized by good outcomes and performance
Physicians are incentivized to send patients to hospital	Patients only to hospital when medically necessary
Emphasis on more procedures and treatments	Emphasis on prevention and lifestyle changes
Uncoordinated care that relies on specialists	Care focused on clinical integration and primary ca
Higher profit is valued	High quality medical care is valued
FFS is popular payment method but unsustainable	VB reimbursement is innovative, affordable and sustainable
Each patients seen approx. every 6 months	Each patients is seen monthly at a minimum
	Source: ChenMe

ASSOCIATION FOR ADVANCING PHYSICIAN AND PROVIDER RECRUITMENT

Recruiting for FFS vs VBC

FFS:

- 2-year income guarantee
- Then "eat what you kill" (WRVUs)
- Get paid for quantity of care
- Might refer and admit to hospital (lack of preventive treatment)
- This model is known to mostly all physicians (through residency)
- Physician profile....

VBC:

- Guaranteed base pay
- Discuss social determinants of health
- Get paid for quality of care
- Physician is Quarterback of care in preventive model
- This model is unknown to a large % of physicians as they "grew up" with FFS
- Physician profile.....

Q: How does value-based care affect physicians?

A: VBC is in line with physicians intrinsic motivation to deliver the best care to their patients. As it drives improvements in quality, outcomes and patient experience.



In conclusion, ...

- Covid exposed many shortcomings of the healthcare system, relying on seeing a certain number of patients each day.
- In 2020: Primary care practices lost approx. \$15 billion, almost 16,000 practices closed
- As health care costs continue to rise, payment system is moving to VBC models.
- Quality and cost outcome will be critical part of any health care organization's short- and long-term strategy to create revenue and contain cost.
- Shift the balance from care and treatment \rightarrow prevention and sustaining well-being.
- Elevate the physician's role as the steward of physical, financial and population health.

<u>Moving forward</u>: providers who were on the fence about VBC are now ready to decrease healthcare costs and improve patient outcomes. Get ready to discuss this topic...



